

**ROYAL CITY REGALS
GUELPH MINOR BOX LACROSSE ASSOCIATION
REP COACH EVALUATION**

Name of Coach:	Date:
Divison:	Team Sponsor:

Rating Scale	Desired Performance		Acceptable	Needs Improvement	
Scale	5	4	3	2	1

Using the rating above along with the item descriptions of coaching behaviour , rate the coach's performance by circling the appropriate number.

Item	Practice Rating	Game Rating	Comments
1. Planning/Organization			
- schedules and changes communicated	5 4 3 2 1	5 4 3 2 1	
- parents were communicated with as required	5 4 3 2 1	5 4 3 2 1	
- practices planned in advance	5 4 3 2 1	N/A	
Total Rating Score	/15	/10	
2. Instructions/Activities			
- objectives stated and understood	5 4 3 2 1	5 4 3 2 1	
- demonstrations/instructions clear concise and simple	5 4 3 2 1	5 4 3 2 1	
- demonstrations of skills shown, heard and understood	5 4 3 2 1	5 4 3 2 1	
Total Rating Score	/15	/15	
3. Activity			
- active participation in each drill by each player	5 4 3 2 1	5 4 3 2 1	
- safety considered	5 4 3 2 1	5 4 3 2 1	
- adequate time allowed to reach objectives	5 4 3 2 1	5 4 3 2 1	
Total Rating Score	/15	/15	
4. Motivation			
- motivates players	5 4 3 2 1	5 4 3 2 1	
- team spirit evident	5 4 3 2 1	5 4 3 2 1	
- promotes sportsmanship	5 4 3 2 1	5 4 3 2 1	
- promotes equality	5 4 3 2 1	5 4 3 2 1	
Total Rating Score	/20	/20	
5. Content/Technical			
- demonstrations accurate	5 4 3 2 1	5 4 3 2 1	
- instructions correct	5 4 3 2 1	5 4 3 2 1	
- key points stressed	5 4 3 2 1	5 4 3 2 1	
- corrections made consistently	5 4 3 2 1	5 4 3 2 1	
- skill progressions logical	5 4 3 2 1	5 4 3 2 1	
- content appropriate for age & ability	5 4 3 2 1	5 4 3 2 1	
Total Rating Score	/30	/30	

6. Knowledge/Skills

- understands lacrosse	5 4 3 2 1	5 4 3 2 1
- knows the rules of play	5 4 3 2 1	5 4 3 2 1
- knows lacrosse strategies	5 4 3 2 1	5 4 3 2 1
Total Rating Score	/15	/15

7. General

- coach flexible, adaptable	5 4 3 2 1	5 4 3 2 1
- coach organized	5 4 3 2 1	5 4 3 2 1
- coach good with players	5 4 3 2 1	5 4 3 2 1
- good role model for players	5 4 3 2 1	5 4 3 2 1
- objectives achieved	5 4 3 2 1	5 4 3 2 1
Total Rating Score	/25	/25

8. Team Staff**Assistant Coaches:**

- good with players	5 4 3 2 1	5 4 3 2 1
- organized	5 4 3 2 1	5 4 3 2 1
- understanding of team goals	5 4 3 2 1	5 4 3 2 1
- communication with parents	5 4 3 2 1	5 4 3 2 1

Trainer(s)

- good with players	5 4 3 2 1	5 4 3 2 1
- organized	5 4 3 2 1	5 4 3 2 1
- communication with parents	5 4 3 2 1	5 4 3 2 1

Manager

- good with players	5 4 3 2 1	5 4 3 2 1
- organized	5 4 3 2 1	5 4 3 2 1
- understanding of team goals	5 4 3 2 1	5 4 3 2 1
- communication with parents	5 4 3 2 1	5 4 3 2 1
Total Rating Score	/55	/55

Overall Assessment	5 4 3 2 1	5 4 3 2 1
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General Comments		
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Signature _____

Date: _____

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